

CURRENT AWARENESS BULLETIN



Mental Health & Learning Disabilities



JUNE 2024

This is your monthly Current Awareness Bulletin produced by Somerset Foundation Trust Knowledge & Library Services.

It is intended to provide you with a range of the most up-to-date resources, including recently published guidelines and research articles, news and policy items.

If you have any problems accessing the links, please contact a member of the library staff who will be happy to assist you. Note that some of the links will direct you to a form to request the full-text article. Please complete the form and submit it to request the article.

We hope you find it helpful and please do let us know if you need any further information or assistance. Thank you.

BREAKING NEWS and SPOTLIGHTS

- ➔ Appointment of the first medical director for Mental Health: [Adrian James](#). (4th June 2024)
- ➔ [Report on Public harms facing by Black women. Racism and Misogyny in Policing, Education, and Mental Health Services](#): Released in June 2024. Made by Anita Acquah and Lizzie Ville as part of a research project to draw together women's experiences of racism and misogyny in three public institutions. The research project is in partnership with Black Equity Organisation, Fawcett Society and Barrow Cadbury Trust.
- ➔ The King's fund releases every week a [podcast episode](#) tackling specific themes discussed during the pre-election campaign. Themes include social care plans, analyse of the manifesto, NHS budget and waiting list. Each episode is about 20min.

CONTENTS

Click to jump to each section:

- [Government, Parliamentary Announcements, Reports & National Bodies NHS](#)
- [Integrated Care](#)
- [Research Articles](#)

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Government, Parliamentary Announcement, Reports & National bodies NHS

UK Government

Most updates were published prior to the announcement of the General Election scheduled for 4 July 2024. The King's Fund has set up [a webpage](#) which provides analysis and insight from the perspective of health and social care, throughout the pre-election period.

[Beyond Pills All-Party Parliamentary Group](#): published in May 2024. A report advocating for a change from a pharmaceutical approach of Mental Health to a more social approach.

[Open Consultation on support for independent living](#): an open consultation to understand the needs in disability with the aim to target specific supports. Participants can respond either [online](#), via [emails](#) or access an [accessible version](#).

Office for Health Improvement and Disparities

[Near to real-time suspected suicide surveillance.](#)

Surveillance data updated monthly. Updates for May edition: new data from February 2024, additional data adding for January 2024, December and November 2023 and recalculation of monthly and quarterly proportions and rates.

[Severe Mental illness \(SMI\) profile](#)

Published 4th June 2024, updates include new and updated data on premature and excess premature mortality for adults with SMI up to 2022.

NHS Digital

Please note: the monthly Mental Health services statistics is delayed. Next one should be published on the 11th of July and should cover data for April 2024. Below are more specific data published in late May and June 2024.

[Monthly statistics Learning Disability Services.](#)

Published on 23rd May, covers 1st April to 30th April 2024.

[Monthly Talking Therapies for anxiety and depression](#)

Published 13th June 2024, covers data for April 2024

[Out of area placements in Mental Health services](#)

Published 13th June, covers data from 1st April 2023 to 31st March 2024.

Note: you can find some of these data in [Mental Health Watch](#). Data is updated quarterly, latest data available is Q4 23/24. There is an option to compare Somerset with other ICBs.

Also available on this site are charts for [New referrals to NHS funded secondary mental health, learning disabilities and autism services](#) (updated monthly) and [Children and young people with eating disorders starting treatment within one week](#) (updated quarterly).

The British Psychological Society

Updated [Guidelines for Psychologists Working with Gender, Sexuality and Relationship Diversity.](#)

Published 19th June 2024. The guidelines relate to gender, sexuality and relationship diverse adults (aged 18 years and over).

Note: a recruitment has begun for a task and finish group to look at under 18 years old policy. The work will take approximately 18 months.

[Latest news posts](#)

18 brief news posted in June.

Royal College of Psychiatrists

[Latest news posts](#)

12 press release posted in June.

MQ Mental Health Research

[Interview of Alastair Campbell](#) on how politics impact Mental Health.

Published on 25th June. Alastair Campbell come back to his experience of depression and how it affected his personal and political life.

[Interview with Pr Helen Minnis on understanding childhood trauma.](#)

Published 11th June. Pr Helen Minnis discussed the impact of services for children's mental health, supporting families before children are neglected and abused, and how diversity can create more opportunities in research.

The Health Foundation

[More money, more choice, more of the private sector: can the next government repeat the feat of the 2000s and cut waiting times?.](#)

Published 7th June 2024. This long article compares what worked in the 2000s, what is proposed by parties, the success of them and what is missing from propositions.

Centre for Mental Health

[Policies for better mental health](#)

Briefing published 14th May 2024 to advocate on the creation of a mental health policy testing to assess potential impacts on prospective policies.

Centre for Mental Health/Mental Health Network – NHS Confederation

[The economic and social costs of mental ill health](#)

Published in March 2024.

Royal College of Psychiatrists

[An urgent call for change: tackling the discrimination faced by people with severe mental illness](#) blog post done by the president of Royal Psychiatric College in response to the election debate.

[BACK TO TOP](#)

Integrated Care

HSJ Mental Health

[NHSE finance chief reveals services exempt from national staffing squeeze](#)

Published 28th May 2024. Services exempts are Mental Health and Maternity teams.

[The NHS must act to prevent mentally unwell people dying from physical illnesses](#)

17th May 2024. How trusts lead the charge in integrating mental and physical health services for better outcomes and equity, bridging gaps, and saving lives.

HSJ Policy and Regulation

[CQC admits it is failing to keep patients safe](#)

Published 26th June 2024 following the announcement of [the review of CQC's effectiveness by ministers](#).

[CQC chief executive announces sudden departure](#)

Published 25th June 2024. The Chief Executive Ian Trenholm is leaving at the end of the week.

[CQC appoints interim chief inspector](#)

Published 18th June: Care Quality Commission has appointed an interim chief inspector of healthcare to cover another director's period of illness.

[BACK TO TOP](#)

Research Articles

[Incidence of antidepressant discontinuation symptoms: a systematic review and meta-analysis.](#)

Authors: Henssler, Jonathan et al. **Journal:** The Lancet Psychiatry. **Date of Publication:** 5th June 2024

[A systematic review of dramatherapy interventions used to support adults with psychosis](#)

Authors: Melvin E et al. **Journal:** Schizophrenia Research. **Date of Publication:** May 2024

[Changes in the prevalence of mental health problems during the first year of the pandemic: a systematic review and dose-response meta-analysis](#)

Authors: Salanti, G. et al. **Journal:** BMJ Mental Health **Date of Publication:** 13th June 2024

[Major Psychiatric Disorders, Substance Use Behaviors, and Longevity](#)

Athors: Rosoff, D.B. et al. **Journal:** JAMA Psychiatry. **Date of Publication:** 18th June 2024

[The Impact of Sensory Modulation Interventions on Practice in Acute Inpatient Mental Health Settings: A Meta-Ethnography.](#)

Authors: Molloy, Luke et al. **Journal:** Issues in mental health nursing pp.580-588. **Date of Publication:** 29th May 2024

[Loneliness Dynamics and Physical Health Symptomology Among Midlife Adults in Daily Life.](#)

Authors: Dakota D. W. et al. **Journal:** Health Psychology **Date of Publication:** June 2024

[The effectiveness of e-mental health interventions on stress, anxiety, and depression among healthcare professionals: a systematic review and meta-analysis.](#)

Authors: Zhang, Z. et al. **Journal:** BMC Systematic Reviews. **Date of Publication:** 30th May 2024

[Barriers and facilitators to implementing workplace interventions to promote mental health: qualitative evidence synthesis.](#)

Authors: Paterson, Charlotte et al. **Journal:** BMC Systematic reviews. **Date of Publication:** 7th June 2024.

[A review of information sources and analysis methods for data driven decision aids in child and adolescent mental health services.](#)

Authors: Koochakpour, K. et al. **Journal:** International Journal of Medical Informatics **Date of Publication:** 17th May 2024

[Clinical effectiveness and cost-effectiveness of a brief accessible cognitive behavioural therapy programme for stress in school-aged adolescents \(BESST\): a cluster randomised controlled trial in the UK -](#)

Authors: Brown, June et al. **Journal:** The Lancet Psychiatry pp504 – 515. **Date of Publication:** 14th May 2024

[Inflammation and immune system pathways as biological signatures of adolescent depression-the IDEA-RiSCo study](#)

Authors: Zonca, V. et al. **Journal:** Translational Psychiatry. **Date of Publication:** 1st June 2024

[Mental Health First Aid™ for Deaf communities: responses to a lack of national Deaf mental health service provision](#)

Authors: Terry, J. and Robins-Talbot, C. **Journal:** Journal of Public Mental Health. **Date of Publication:** 5th June 2024

[Reliability and validity of the Japanese version of the camouflaging autistic traits questionnaire](#)

Authors: Skliarova, T. et al. **Journal:** BMC Psychiatry. **Date of Publication:** 20th June 2024

[Neurometabolite differences in Autism as assessed with Magnetic Resonance Spectroscopy: A systematic review and meta-analysis](#)

Authors: Thomson, A. R. et al. **Journal:** Neuroscience & Behavioral Reviews. **Date of Publication:** 23rd May 2024

[The experiences of caring for someone with dementia and a learning disability: A qualitative systematic review](#)

Authors: Hughes, M. et al. **Journal:** Dementia (London). **Date of Publication:** first published January 2024

[Psychoeducational group interventions for adults diagnosed with attention-deficit/hyperactivity disorder: a scoping review of feasibility, acceptability, and outcome measures.](#)

Authors: Skliarova, Tatiana et al. **Journal:** BMC psychiatry **Date of Publication:** 20 Jun. 2024,

[How nurses can apply spiritual care to improve the daily lives of people with learning disabilities and their families.](#)

Authors: Argles, Ishmay Jessica Slechta, and Sally Arrey **Journal:** British journal of nursing (Mark Allen Publishing) pp 552-558. **Date of Publication:** 20th June 2024

[Feasibility and acceptability of autism adapted safety plans: an external pilot randomised controlled trial.](#)

Authors: Rodgers, J. et al. **Journal:** EClinicalMedicine **Date of acceptance:** 8th May 2024

[The relationship between mental health and risky decision-making in children and adolescents: a scoping review](#)

Authors: Bentivegna, F., Papachristou, E. and Flouri, E. **Journal:** BMC Psychiatry. **Date of Publication:** 5th June 2024

[Concurrent self-administered transcranial direct current stimulation and attention bias modification training in binge eating disorder: feasibility randomised sham-controlled trial](#)

Authors: Flynn M, Campbell IC, Schmidt U. **Journal:** BJPsych Open, **Date of Publication:** 6th June

[Parent stress and social support in a randomized controlled trial of individual versus group parent training for children with HKD/ADHD](#)

Authors: Heubeck, B. G., Richardson, A., & Lauth, G. **Journal:** British Journal of Clinical Psychology. **Date of Publication:** 9th June 2024

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